

Unit 8: Clinical Psychology

Topic 8.1 – Introduction to Psychological Disorders	Topic 8.2- Psychological Perspectives and Etiology of Disorders																										
<p>1. How does the APA classify a psychological disorder?</p> <p>2. What is the purpose of the DSM5?</p> <p>3. Explain how the DSM helps make diagnoses more reliable.</p> <p>4. In the past, how were psychological disorders viewed?</p> <p>5. What does the International Classification of Diseases do?</p> <p>6. Complete the table below.</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 10px;"> <thead> <tr> <th style="width: 20%; padding: 5px;">Legal Concept</th> <th style="padding: 5px;">Description</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Insanity Defense</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">M’Naghten Rule</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">American Law Institute Test</td> <td style="height: 40px;"></td> </tr> </tbody> </table> <p>7. Explain why it is very difficult to use an insanity defense.</p>	Legal Concept	Description	Insanity Defense		M’Naghten Rule		American Law Institute Test		<p>1. Complete the table below</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 10px;"> <thead> <tr> <th style="width: 30%; padding: 5px;">Theoretical Approach</th> <th style="padding: 5px;">View on Psychological Disorders</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Evolutionary</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Cognitive</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Sociocultural</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Humanistic</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Behavioral</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Psychodynamic</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Biological</td> <td style="height: 40px;"></td> </tr> <tr> <td style="padding: 5px;">Biopsychosocial</td> <td style="height: 40px;"></td> </tr> </tbody> </table> <p>2. Identify two positives and negatives to being diagnosed.</p> <p>3. Explain what happened during David Rosenhan’s study.</p> <p>4. What does David Rosenhan’s study show us about diagnosing individuals with disorders?</p>	Theoretical Approach	View on Psychological Disorders	Evolutionary		Cognitive		Sociocultural		Humanistic		Behavioral		Psychodynamic		Biological		Biopsychosocial	
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Topic 8.3- Neurodevelopmental and Schizophrenic Spectrum Disorders

1. Describe neurodevelopmental disorders.
2. Identify three examples of a neurodevelopmental disorder.
3. Provide a brief description for autism spectrum disorder.
4. Identify three disorders that fall under autism spectrum disorder.
5. Describe attention-deficit hyperactivity disorder.
6. What is schizophrenia?
7. Identify three different disorders that fall under schizophrenia spectrum disorder.
8. Describe different symptoms a person with schizophrenia may experience.
9. Explain the difference between positive and negative symptoms.
10. Provide a positive and negative symptom for schizophrenia.

Topic 8.4- Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders

1. Complete the table below.

Anxiety disorder	Description
Generalized anxiety disorder	
Panic disorder	
Agoraphobia	
Social anxiety disorder	
Specific phobia	

2. Explain what the obsessive part of OCD means.
3. Explain what the compulsive part of OCD means.

Topic 8.4- Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders (Continued)

4. Describe what it means to have OCD.

5. Complete the table below

OCD	Description
Body Dysmorphic Disorder	
Hoarding	
Trichotillomania	

6. When might a person be showing symptoms of a depressive disorder?

7. Complete the table below.

Depressive Disorder	Description
Major depressive disorder	
Persistent depressive disorder	

8. Identify the different signs of depression.

9. Explain how bipolar disorder is different from a major depressive disorder.

10. What is the difference between mania and depression?

Topic 8.5- Trauma- and Stressor Related, Dissociative, and Somatic Symptom and Related Disorders

1. Describe what can cause trauma and stress related disorders.

2. Complete the table below

Disorder	Description
Post-Traumatic Stress Disorder	

Topic 8.5- Trauma- and Stressor Related, Dissociative, and Somatic Symptom and Related Disorders (Continued)

2. Complete the table below (Continued)

Disorder	Description
Acute Stress Disorder	
Somatic Symptom Disorder	
Illness Anxiety Disorder	
Conversion Disorder	

3. What are dissociative disorders?

4. What three different disorders that fall under dissociative disorder?

5. Describe dissociative identity disorder.

6. Explain what may cause a dissociative identity disorder.

7. What is dissociative amnesia?

8. When does depersonalization disorder occur?

9. Explain what it means to experience a depersonalization episode and derealization episode.

Topic 8.6- Feeding and Eating, Substance and Addictive, and Personality Disorders

1. Complete the table below

Disorder	Description
Avoidant Personality Disorder	
Schizotypal Personality disorder	
Narcissistic Personality Disorder	

Topic 8.6- Feeding and Eating, Substance and Addictive, and Personality Disorders (Continued)

1. Complete the table below

Disorder	Description
Borderline Personality Disorder	
Antisocial Personality Disorder	

2. What are three different treatments a person can use to help with a disorder?

3. Who is most impacted by eating disorders?

4. How can society impact how people view their body?

5. Complete the table below

Eating Disorder	Description
Anorexia Nervosa	
Bulimia Nervosa	
Binge-Eating Disorder	

6. Identify three different substances that can cause addictive disorders.

7. What does it mean when a person has a dependence?

8. Describe substance abuse.

Topic 8.7- Introduction to Treatment of Psychological Disorders

1. Describe psychotherapy.

2. What is psychopharmacology?

3. Complete the table below

Individual	Contributions
Aaron Beck	

Topic 8.7- Introduction to Treatment of Psychological Disorders (Continued)

3. Complete the table below (Continued)

Individual	Contributions
Albert Ellis	
Sigmund Freud	
Mary Cover Jones	
Carl Rogers	
B.F. Skinner	
Joseph Wolpe	

4. Describe a token economy.

5. Explain rational-emotive behavior therapy.

6. Describe Beck therapy.

Topic 8.8- Psychological Perspectives and Treatment of Disorders

1. Describe the type of exposure therapy known as systematic desensitization.

2. When would exposure therapy use VR technology?

3. Explain aversive conditioning.

4. Complete the table below.

Perspective	Treatment Orientation
Behavioral	
Cognitive	
Humanistic	

Topic 8.8- Psychological Perspectives and Treatment of Disorders (Continued)

4. Complete the table below. (Continued)

Perspective	Treatment Orientation
Psychodynamic	
Cognitive-Behavioral	
Sociocultural	

5. What is resilience?

6. What is posttraumatic growth?

Topic 8.9- Treatment of Disorders from the Biological Perspective

1. What is biomedical therapy?

2. How can lifestyle changes help treat a disorder?

3. What are therapeutic lifestyle changes most commonly used for?

4. Complete the table below

Medication	Description/Function
Anti-anxiety medication	
Antidepressant medication	
Antipsychotic medication	
Mood stabilizers	
Stimulants	

5. Describe electroconvulsive therapy.

6. What is electroconvulsive therapy used for?

7. Explain what psychosurgery is and when it is used.

8. How could psychosurgery help a person with a seizure disorder?

Topic 8.10- Evaluating Strengths, Weaknesses, and Empirical Support for Treatments of Disorders

1. Describe the advantages to using group therapy.
2. Describe the disadvantages to using group therapy over individual therapy.
3. Explain rational-emotive behavior therapy.
4. Compare the psychoanalytic/psychodynamic method with a client-centered method.
5. Identify two different ways in which we can evaluate a treatment.
6. Explain what meta-analysis is.
7. How can the placebo effect impact how a person views a treatment?
8. What is endorsed by the APA when it comes to treatments?